

Report Released: Use of Dietary Supplements by Military Personnel

The [Institute of Medicine](#)¹ (IOM) was asked by the U.S. Department of Defense, the Samuelli Institute, and the National Institutes of Health (NIH), with additional support from the Food and Drug Administration (FDA), to convene an ad hoc [Committee on Dietary Supplement Use Among Military Personnel](#)². The committee was charged with reviewing the use of dietary supplements by military personnel, recommending a framework to identify the need for management of dietary supplement use within the military, and developing an approach to report adverse health events. The resulting report, entitled *Use of Dietary Supplements by Military Personnel*³, recommends a systematic approach to actively manage the use of dietary supplements by military service members. To learn more about the findings and recommendations in this report, visit www.iom.edu/?id=55012⁴.

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1. <http://www.iom.edu/>
 2. <http://www.iom.edu/CMS/3788/39647.aspx>
 3. http://www.iom.edu/CMS/3788/39647/55012.aspx?utm_source=spon&utm_medium=web&utm_campaign=milsup
 4. <http://www.iom.edu/?id=55012>