

# Mission

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## Our Mission

The mission of Samueli Institute is to create a flourishing society through the scientific exploration of wellness and whole-person healing.

## Our Vision

Our vision is a world in which healing processes are the formative concept for improving performance, preventing illness, achieving and maintaining wellness, and ameliorating chronic disease.

## Our Values

*Service to the public:* As a nonprofit service organization, Samueli Institute serves as a facilitator of research on wellness and healing—making discoveries, developing relationships, conducting research and building a rigorous science that results in shared knowledge, improved patient care, enhanced resilience and performance, and healthful living.

*Scientific exploration:* Samueli Institute supports science grounded in observation, investigation, and analysis, and has the courage to ask challenging questions within a framework of systematic, high-quality, research methods and the peer-review process.

*Integrity in all we do:* Samueli Institute acts with the highest respect for the public it serves by ensuring transparency, responsible management and ethical practices from discovery to policy and application.

*Reflection in action:* Samueli Institute recognizes that healthy cultural change occurs through the actions of individuals and organizations that balance self-care and reflection with a willingness to take transformative risks and a desire to serve others compassionately.